We Can Be Problem Solvers!



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ChallengingBehavior.org

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Have you ever had a problem?



Everyone does. Problems can sometimes make us feel sad, mad, frustrated, or confused.

Frustrated







Mad



Confused

If I have a problem, I can do something. I can try out some solutions to help me with my problem.



If I have a problem, first I have to think about it...

What is my problem?



And I have to think of a way to make it better...

Think, think of some solutions.



Look at some of the solutions I can try!







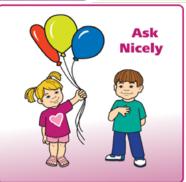












What would happen if I tried my solution...

Would it be safe? How would everyone feel?



Then... give it a try!

If my solution didn't work, I might have to think, think, think of another solution.



Let's try being a problem solver...

PLACE "PROBLEM VISUAL" VELCROED TO THIS PAGE

...What are the steps to problem solving?

Problem Solving Steps





Step 2. Think, think of some solutions.





What solution might work?

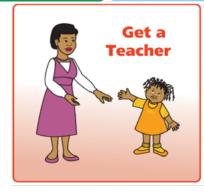






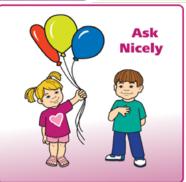












We are learning every day to be Problem Solvers!



PROBLEM VISUALS

Cut out and attach with velcro to story.





I am lonely.



The toy broke.



They took it from me.



I want to play too.



They knocked it down.



They ruined my picture.



They are bothering me.



We all want the same toy.



I don't have a spot.



They hurt my feelings.

