

Speech, Language & Daily Routines

Bath time



Ideas to support use of language...

- ☑ Use action words like “washing/washed”, “splashing/splashed”, “scrubbing/scrubbed”, “floating/floated”, “pouring/poured”, “drying/dried”
- ☑ Use descriptive words like “hot”, “cold”, “warm”, “wet”, “dry”, “clean”, “dirty”
- ☑ Use body part vocabulary as you wash each one (i.e. hands, arms, shoulders, legs, knees, ankles, toes, tummy, back, head, face, hair etc.)



Ideas to support understanding of language...

- ☑ Ask your child **what for** questions like “What is shampoo for?”, “What is the cloth/sponge for?”, “What are the taps for?” and “What do we use a towel for?”
- ☑ Have your child follow directions: 1 step (e.g. Scrub your knees; Rub the shampoo in your hair) or 2-step (e.g. Scrub your knees then scrub your toes; Rub the shampoo in your hair then rinse it out)
- ☑ Show the differences between concept words like “wet/dry”, “dirty/clean”, “empty/full”, “hot/cold”, “out/in”, “on/off”



Ideas to support speech sounds...

Emphasize these sounds in your words as you enjoy bath time. If your child can, have them try to say them too!

Practice “b” sounds: *bath, bubbles, blow bubbles, bathe, bathing, bring, body, brrr, bonk, bedtime*

Practice “p” sounds: *pop bubbles, poof, pour, play, peek-a-boo, pinky, push, put, pat*

Video: [how to make a P or B sound](#)

Build on it!



Sing or listen to a song (click on the links below):

- “The Bath Song”
<https://youtu.be/HVYXHM7wvo>
- “Five Little Ducks”
<https://youtu.be/pZw9veQ76fo>
- “Pop the Bubbles”
<https://www.youtube.com/watch?v=SS7aiqNaB1w&feature=youtu.be>

If you do not have ducks, change the song to any other animal/toy/object you have and make your own song. E.g. Five little pigs (change the sound to “oink” or Five little cars (change the sound to vroom)

Play Together:

- “Sink or Float”: Find items in your home that are ok to get wet (e.g. rocks, plastic kitchen items, plastic toys) and see if they will sink or float.
- “Fill and Empty”: Find containers of all sizes. Have fun pouring water in and out, adding more or less, filling them up or emptying them out and using words to compare them like, bigger, biggest, smaller, smallest.

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