

Speech, Language & Daily Routines



Cleaning Up

Ideas to support use of language...

- ☑ Use action words like “washing/washed”, “scrubbing/scrubbed”, “drying/dried”, “sweeping/swept”, “dusting/dusted” “folding/folded” to work on present and past. For example you could say “We are washing the dishes” (while you are washing them) and then once you are done exclaim...“We washed them all!”
- ☑ Use descriptive words like “hot”, “cold”, “warm”, “wet”, “dry”, “clean”, “dirty”, “sticky”, “messy”



Ideas to support understanding of language...

- ☑ Ask your child **where** questions like “Where do we need to clean?”, “Where do you see the dirt?”, “Where did we clean already?”, “Where are the lysol wipes/sanitizer?”
- ☑ Use location concepts to answer those where questions... under the couch, beside the lamp, on the table, in the fridge or places such as the kitchen, the bathroom, or the garage.



Ideas to support speech sounds...

Emphasize these sounds in your words as you enjoy cleaning up together. If your child can, have them try to say them too!

Practice “s” sounds: sweep, sponge, scrub, smell, sort

Practice “k” sounds: clean, cloth, closet, kitchen, cupboard

Build on it!



Sing or listen to a song
(click on the links below):

[“The Clean Up Song”](#)

[“Clean up Song”](#)

[“Helping out Around the House”](#)

Read a book
together:

[Llama Llama Mess Mess Mess](#) by
Anna Dewdney & Reed Duncan

Play Together:

- “Sock Matching Game”: Take all the clean socks out of the dryer and set out one of each pair. Have your child match them one by one. Fold and put away. Socks done!
- “Toy sort”: Find containers to sort and organize your toys. Put all like items together...such as all Lego, all dishes, all food and then label them. This is a great categorizing activity and helps keep things organized too!

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